

Heme oxygenase 1 is required for mammalian iron reutilization

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ABSTRACT The majority of iron for essential mammalian biological activities such as erythropoiesis is thought to be reutilized from cellular hemoproteins. Here, we generated mice lacking functional heme oxygenase 1 (Hmox1; EC 1.14.99.3), which catabolizes heme to biliverdin, carbon monoxide, and free iron, to assess its participation in iron homeostasis. Hmox1-deficient adult mice developed an anemia associated with abnormally low serum iron levels, yet accumulated hepatic and renal iron that contributed to macromolecular oxidative damage, tissue injury, and chronic inflammation. Our results indicate that Hmox1 has an important recycling role by facilitating the release of iron from hepatic and renal cells, and describe a mouse model of human iron metabolic disorders.

Iron is a crucial ligand in virtually all cell types for a vast number of cellular processes, including ATP generation, oxygen transport, and detoxification. It has catalytic function within heme or iron-sulfur clusters, or directly bound to proteins. Iron metabolism disorders are quite common in the human population. For instance, dietary iron deficiency results in millions of cases of anemia yearly, while functional hypoferrremia contributes to the anemia that is frequently observed in chronic inflammatory diseases (1). While these conditions result from iron insufficiency, other human disorders are caused by excessive iron storage. Notably, free iron is a potent oxidant that damages cellular macromolecules, presumably through reaction with hydrogen peroxide to form the deleterious hydroxyl radical (2). Frequent blood transfusions often result in iron overloading and related symptoms, requiring iron chelation therapy. In addition, hereditary hemochromatosis, a disorder of increased iron absorption and storage yielding multiorgan pathology, affects approximately 1 in 200 individuals within the Caucasian population (3). Therefore, it is important to understand iron metabolism not only at the molecular and cellular levels but also at the level of the whole organism.

Normally in humans, about 1 mg of iron is absorbed by the intestine daily, and at the same time an approximately equal amount is eliminated from the body. Remarkably, this dietary iron accounts for only 1–3% of the iron that is supplied daily to the blood. Most of the iron requirement is provided through reutilization from existing total body stores of 3–4 g, of which about 70% is maintained within hemoglobin (4). From these facts, it is clear that dissociation of iron from heme moieties and subsequent cellular release constitute a major component of iron homeostasis. Nevertheless, the mechanisms and regulation of heme iron reutilization are poorly understood.

Mammalian heme oxygenase (Hmox, also known as HO; EC 1.14.99.3), which catabolizes cellular heme to biliverdin, carbon monoxide, and free iron, is represented by two isoforms, Hmox1 and Hmox2, encoded by separate genes. Evidence has

recently accumulated suggesting that carbon monoxide generated by Hmox2 may be a physiological signaling molecule (5–8). On the other hand, the Hmox1 isoform is thought to provide an antioxidant defense mechanism, on the basis of its marked up-regulation in stressed cells (9–12). Both Hmox isoforms might be largely responsible for the recycling of iron by its liberation from heme and hemoproteins, although their contribution to total iron homeostasis has not been carefully examined.

Here, to study the extent to which Hmox1 participates in iron homeostasis, we generated mice with targeted *Hmox1* null mutations and analyzed parameters of iron metabolism. We discovered that adult Hmox1-deficient animals develop both serum iron deficiency and pathological iron-loading, indicating that Hmox1 is crucial for the expulsion of iron from tissue stores.

MATERIALS AND METHODS

Hmox1 Targeting Vector. The published murine *Hmox1* cDNA sequence was utilized for synthesis of primers toward generating a DNA probe by PCR amplification of genomic DNA (13). This probe had sequence contained in exon 5 of the murine *Hmox1* gene and was used to screen a λ EMBL3 library containing 129/Sv strain genomic fragments, from which the *Hmox1* gene was obtained. A 4.4-kb *HindIII*–*XhoI* fragment and a 4.0-kb *HindIII* fragment were used as 5' and 3' arms of the construct, surrounding a 1.8-kb *pgk-neo* fragment in pBlue-script KS (+). The construct was designed to remove a 3.7-kb *XhoI*–*HindIII* fragment of murine DNA with intron sequence and coding sequence for the final 226 amino acids.

Targeting Experiments and Generation of *Hmox1*^{-/-} Mice. D3 embryonic stem (ES) cells were utilized for transfection as previously described (14). Genomic DNA for *KpnI* restriction digests was isolated from 240 colonies grown in 24-well plates. Southern blotting and hybridization with the 5' 160-bp external probe or the 3' 250-bp internal probe revealed that approximately 25% of the colonies were homologous recombinants. Three of these positive clones were used for injection into C57BL/6 blastocysts. Chimeric mice were generated as described (15). *Hmox1*^{+/-} mice were obtained by mating male chimeras with C57BL/6 females; these *Hmox1*^{+/-} animals were intercrossed to produce *Hmox1*^{-/-} mice. Genotypes of mice were determined by Southern analysis of progeny tail DNA as described above. *In vitro* fertilization with sperm from *Hmox1*^{-/-} mice and eggs from *Hmox1*^{+/-} animals was performed as described (16). Pseudopregnant (C57BL/6 × DBA/2)F₁ or Swiss Webster females were used as two-cell embryo recipients.

Serum Iron Parameters. Mice were bled retroorbitally, and 200 μ l of serum from each animal was used for analysis of iron and total iron-binding capacity by using a kit from Sigma, and ferritin was measured by using an immunoassay kit from

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Abbreviations: Hmox, heme oxygenase; ES, embryonic stem.

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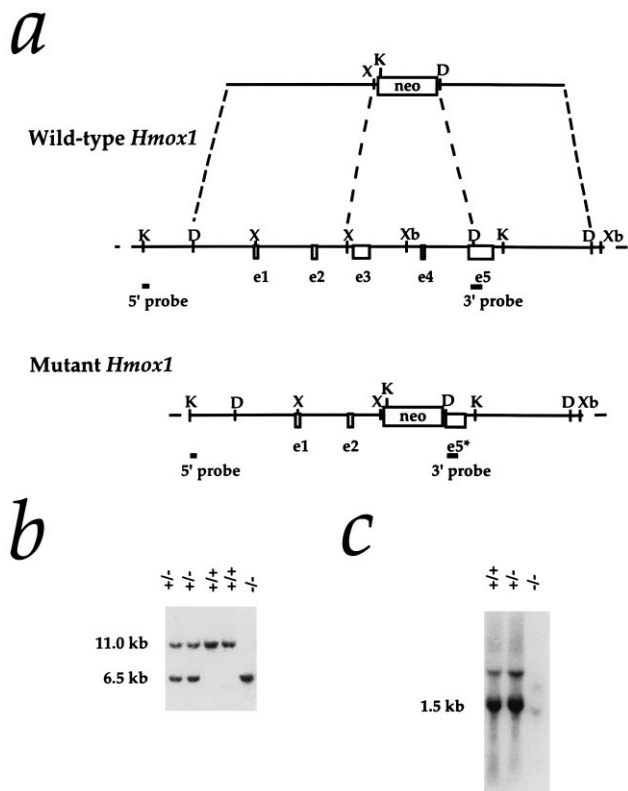


FIG. 1. Targeted disruption of the *Hmox1* gene. (a) *Hmox1* genomic locus and targeting vector. A 3.7-kb region including exons 3, 4, and a portion of 5 (e3–e5) was replaced with a *pgk-neo* cassette. The 5' and 3' probes used for screening ES cell clones and genotyping mice are shown. The 5' probe hybridizes to an 11-kb *KpnI* fragment of the native *Hmox1* gene and a 6.5-kb fragment from the disrupted gene. D, *HindIII* site; K, *KpnI*; X, *XhoI*; Xb, *XbaI*. (b) Southern blot analysis of *KpnI*-digested tail DNA from ES cell-derived mice. The blot was hybridized with the 5' *Hmox1* probe. Genotypes of one *Hmox1* homozygous mutant mouse (–/–), two wild-type mice (+/+), and two heterozygous mice (+/–) are indicated. (c) Northern blot analysis of total splenic RNA from a wild-type mouse (+/+), a heterozygous mouse (+/–), and a homozygous mutant mouse (–/–). The blot was hybridized with a rat *Hmox1* cDNA probe (13), which recognizes a major mRNA band of approximately 1.5 kb. The *Hmox1* probe recognized an aberrantly sized mRNA from *Hmox1*^{–/–} mice that was barely detectable even in an overloaded lane.

Microgenics (Concord, CA). All assays were performed by Genox (Baltimore), using a Cobas Fara II chemical analyzer.

Blood Cell Counts and Histology. Blood was obtained by retroorbital sampling, and blood cell counts were determined by using a Coulter automatic cell counter (performed by Massachusetts Institute of Technology Division of Comparative Medicine Laboratories). For histology, tissues were dissected and fixed in 4% paraformaldehyde or 10% formalin for 24 hr, and embedded in paraffin. Microtome sections 4 μ m thick were mounted onto slides and stained with hematoxylin and eosin, Prussian blue to detect ferric iron, or Masson's trichrome method, all by using standard procedures.

Analysis of Oxidative Damage. Protein carbonyl content was measured using a protocol slightly modified from previous reports (17, 18). Tissue was dissected, washed in PBS, and disrupted with a Tissumizer from Tekmar (Cincinnati). From the soluble protein fraction, 300- μ l aliquots containing 1.4–2.5 mg of protein were treated with either 300 μ l of 2 M HCl (control) or 300 μ l of 10 mM 2,4-dinitrophenylhydrazine dissolved in 2 M HCl. Samples were incubated at room temperature for 1 hr with occasional mixing, precipitated with an equal volume of 20% trichloroacetic acid, and pelleted. The pellet was washed three times with 1 ml of a 1:1

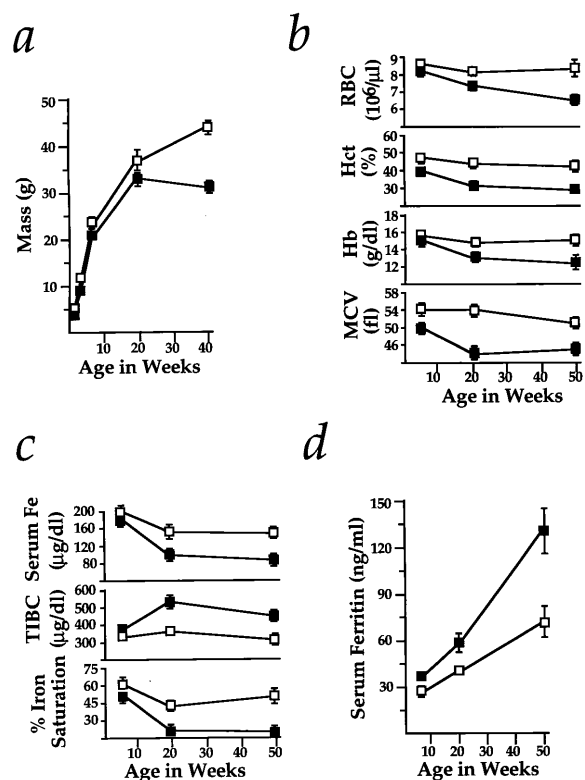


FIG. 2. Wasting, anemia, and serum iron deficiency in *Hmox1*^{–/–} mice. (a) *Hmox1*^{–/–} mice were consistently slightly smaller than *Hmox1*^{+/–} littermates, but weight loss between 20 and 40 weeks of age was clearly indicative of wasting. Data are shown mean \pm SEM. One and 3 weeks, 9 *Hmox1*^{–/–} and 19 *Hmox1*^{+/–} males and females were analyzed; 6 weeks, 12 *Hmox1*^{–/–} and 24 *Hmox1*^{+/–} males only; 20 weeks, 9 *Hmox1*^{–/–} and 11 *Hmox1*^{+/–} males; and 40 weeks, 13 *Hmox1*^{–/–} and 15 *Hmox1*^{+/–} males. Significant differences ($P < 0.05$) were observed between *Hmox1*^{–/–} and *Hmox1*^{+/–} masses at all ages. In a–d, \square , *Hmox1*^{+/–} mean values; \blacksquare , *Hmox1*^{–/–} mean values. (b) Red blood cell counts (RBC), packed cell volume (hematocrit, Hct), blood hemoglobin concentration (Hb), and mean cell volume (MCV) analyzed in 7–11 male and female *Hmox1*^{–/–} and *Hmox1*^{+/–} littermates at 6, approximately 20, and approximately 50 weeks of age. Significant differences ($P < 0.05$) were observed for each parameter at all ages except for 6-week RBC and Hb values. (c) Serum iron (Fe), total iron-binding capacity (TIBC), and iron saturation analyzed in 5 *Hmox1*^{+/–} and 5 *Hmox1*^{–/–} male mice of each age group. Significant differences ($P < 0.05$) were observed in each parameter except for 6-week serum iron values. Iron saturation percentage is equal to 100(serum iron/TIBC). (d) Serum ferritin values analyzed in mice from c. Significant differences ($P < 0.05$) were observed at each age examined.

mixture of ethanol/ethyl acetate and was dissolved in 1 ml of 6 M guanidine hydrochloride at 42°C. The difference in absorbance between the control and treated samples was determined at 364 nm, and an extinction coefficient of 22 $\text{mM}^{-1}\text{cm}^{-1}$ for aliphatic hydrazones was used. Results were expressed as nmol of carbonyl groups per mg of protein. Lipid peroxidation was measured with a kit from Oxis (Portland, OR).

Immunological Analyses. Thymus, spleen, and lymph node single-cell suspensions were prepared by disrupting the organs between glass slides. Approximately 1×10^6 cells were incubated with labeled antibodies at 4°C for 30 min. Cells were washed and analyzed with a FACScan (Becton Dickinson) for fluorescein isothiocyanate (FITC) and phycoerythrin (PE) stainings. Cells were initially gated by size and scatter to restrict consideration to live lymphoid cells. Data from 10,000 cells were collected.

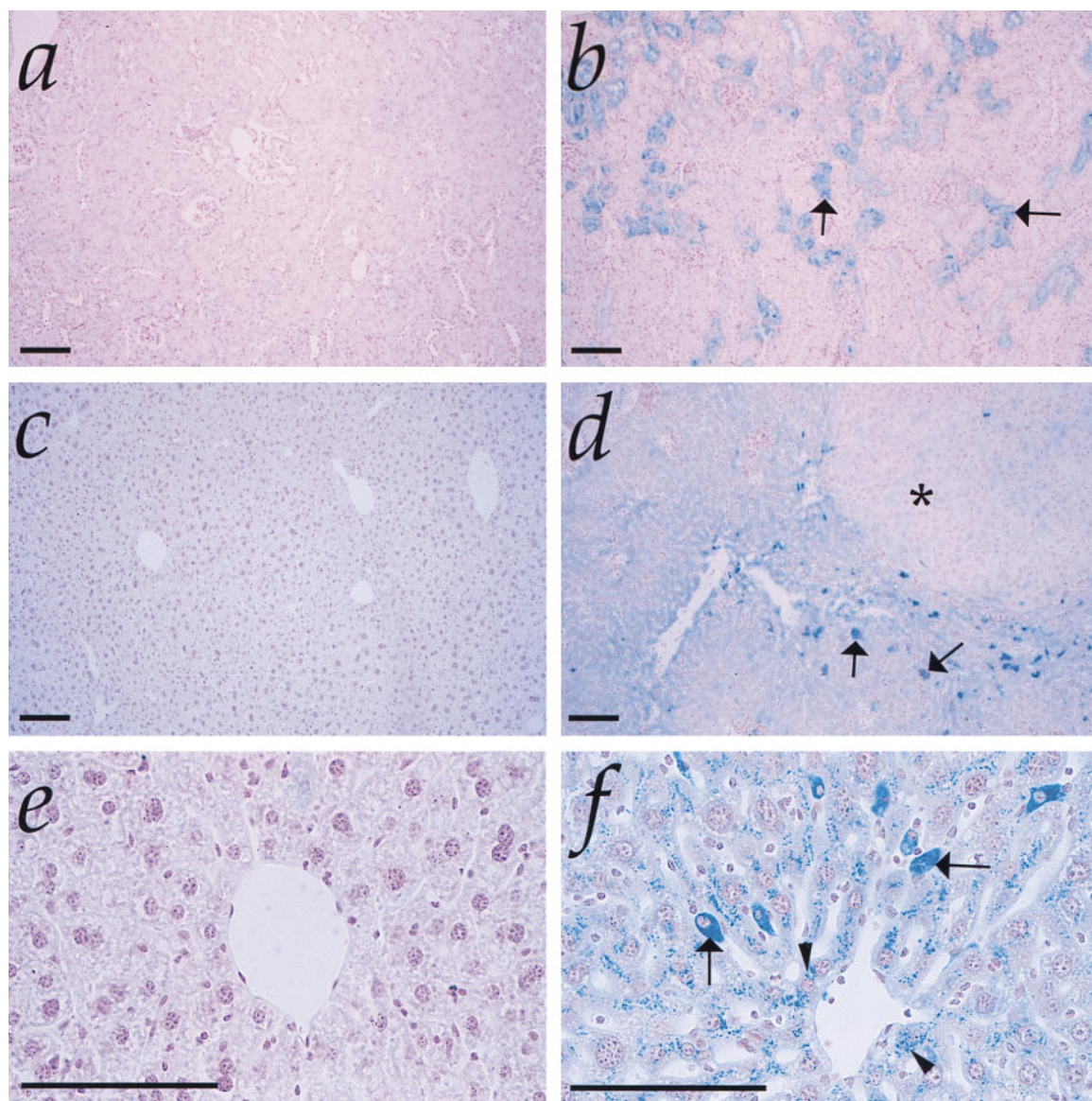


FIG. 3. Iron-loading in *Hmox1*^{-/-} tissues. (a) Kidney section from 50-week-old *Hmox1*^{+/+} mouse stained with Prussian blue for detection of loosely bound ferric iron, shown at low magnification. Stainable renal iron was rarely detectable in *Hmox1*^{+/-} or *Hmox1*^{+/+} mice. (b) Kidney section from 50-week-old *Hmox1*^{-/-} mouse stained with Prussian blue. Note the intense blue positive staining in the proximal cortical tubules (arrows), which was consistently observed in *Hmox1*^{-/-} renal tissue. (c) Liver section from 50-week-old *Hmox1*^{+/+} mouse stained with Prussian blue and at low magnification. Mice containing functional Hmxo1 displayed no hepatic iron deposits. (d) Liver section from 50-week-old *Hmox1*^{-/-} mouse stained with Prussian blue, demonstrating iron-loaded Kupffer cells (arrows), as well as diffusely staining hepatocytes. Note the faint-staining regenerative nodule indicative of injury (asterisk). All *Hmox1*^{-/-} mice displayed hepatic iron-loading by 50 weeks of age, varying in severity. (e) High-magnification view of liver section from 50-week-old *Hmox1*^{+/+} mouse stained with Prussian blue, displaying no detectable iron in hepatocytes. (f) High-magnification view of liver section from 50-week-old *Hmox1*^{-/-} mouse stained with Prussian blue, indicating iron-positive granules in hepatocytes (arrowheads), and intensely staining Kupffer cells (arrows). (All magnification bars = 100 μ m.)

RESULTS

Generation of Mice Containing Targeted *Hmox1* Mutations.

A construct was designed to replace 3.7 kb within the murine *Hmox1* locus, including approximately 85% of the coding sequence, with a neomycin resistance cassette containing a *pgk* promoter (Fig. 1a). Following standard procedures for the production of recombinant ES cells and chimeras, we generated heterozygous mice in the (129/Sv \times C57BL/6) hybrid strain background.

Partial Prenatal Lethality Among *Hmox1*-Deficient Mice.

Matings between heterozygous mice did not yield the expected Mendelian ratio. As genotyped at weaning age, the first several litters included 69 wild-type, 143 heterozygous, and 11 homozygous *Hmox1* mutant animals (hereafter referred to as *Hmox1*^{+/+}, *Hmox1*^{+/-}, and *Hmox1*^{-/-} mice, respectively; Fig.

1b). Fig. 1c indicates the extreme effects of the targeted mutation on *Hmox1* mRNA expression in *Hmox1*^{-/-} animals. The low *Hmox1*^{-/-} survival percentage (20% of expected *Hmox1*^{-/-} mice) was maintained in matings between *Hmox1*^{-/-} and *Hmox1*^{+/+} mice, which yielded 216 *Hmox1*^{+/-} and 26 *Hmox1*^{-/-} animals; *Hmox1*^{-/-} mating pairs did not yield viable litters. We were able to increase the percentage of surviving *Hmox1*^{-/-} embryos to 48% of those expected, by using *in vitro* fertilization techniques with gametes from *Hmox1*^{-/-} and *Hmox1*^{+/+} animals, which produced 369 *Hmox1*^{+/+} and 118 *Hmox1*^{-/-} mice. This report focuses on analysis of adult *Hmox1*^{-/-} mice generated from these *in vitro* fertilizations, while the basis of the prenatal lethality will be described in detail elsewhere (K.D.P., unpublished work).

Hypoferremia and Anemia in *Hmox1*-Deficient Mice. Mice lacking Hmxo1 were slightly smaller than *Hmox1*^{+/+} or

Hmox1^{+/-} littermates from birth to early adulthood, but were otherwise indistinguishable. However, we noticed that, as early as 25 weeks of age, most *Hmox1*^{-/-} animals became thin and poorly groomed, bred poorly, and appeared less active than *Hmox1*^{+/+} or *Hmox1*^{+/-} mice. Although one *Hmox1*^{-/-} mouse has lived up to 22 months, premature mortalities in *Hmox1*^{-/-} mice after 25 weeks of age were not uncommon. Fig. 2*a* indicates the extent to which the disease reduced average weights of *Hmox1*^{-/-} mice compared with healthy *Hmox1*^{+/-} littermates.

Associated with the disease was an anemia, involving reductions in both erythrocyte number and size, that was present by 20 weeks of age in *Hmox1*^{-/-} animals (Fig. 2*b*). Analyses of blood smears (data not shown) and erythrocyte volume (Fig. 2*b*) indicated that this anemia was normochromic and microcytic, with anisocytosis. Since this description is characteristic of iron deficiency anemia in humans, we analyzed serum iron levels in *Hmox1*^{-/-} mice. As predicted, *Hmox1*^{-/-} serum iron values were severely reduced by 20 weeks of age (Fig. 2*c*). Similarly to hypoferrinemia caused by iron deficiency, the total iron-binding capacity (largely represented by serum levels of transferrin, the major extracellular iron-carrying protein) was high in *Hmox1*^{-/-} mice, resulting in a reduced iron saturation percentage (Fig. 2*c*). These results indicate that heme catabolism by *Hmox1* contributes to maintaining the blood iron levels that are necessary for optimal erythropoiesis.

Mice Lacking Functional *Hmox1* Accumulate Tissue Iron. Serum levels of ferritin, the main intracellular chelator of iron, typically reflect body iron stores in humans (4). Although *Hmox1*^{-/-} mice displayed serum iron deficiency, we found that they also had significantly increased levels of serum ferritin (Fig. 2*d*). Examination of *Hmox1*^{-/-} organs for iron showed that while no 6- to 9-week-old *Hmox1*^{-/-} tissues had evidence of iron deposition (as assessed by Prussian blue staining; data not shown), renal proximal cortical tubules of virtually all *Hmox1*^{-/-} mice over 20 weeks of age contained nonheme iron deposits, likely in the form of hemosiderin and ferritin (Fig. 3*b*). In addition, some 20- to 24-week and all 40- to 55-week-old *Hmox1*^{-/-} mice had considerable hepatic iron staining in both Kupffer cells and hepatocytes (Fig. 3*d* and *f*). *Hmox1*^{+/+} or *Hmox1*^{+/-} animals had very little or no positive iron staining in kidneys or liver (Fig. 3*a*, *c*, and *e*). The amount of stainable iron detected in other *Hmox1*^{-/-} organs appeared normal (data not shown), including that in spleen, which is typically the organ with highest *Hmox1* activity (19).

Iron-loading had several pathological consequences in *Hmox1*^{-/-} mice, mildly evident by 20–24 weeks of age, when the anemia and iron deposition were first noticed, and more severe by 40–55 weeks of age. To assess oxidative stress that may have resulted from iron deposition, we analyzed levels of oxidized proteins and lipids in tissues of 20- to 24-week-old *Hmox1*^{-/-} and *Hmox1*^{+/-} mice. *Hmox1*^{-/-} livers showed increases in oxidized proteins and lipid peroxidation values of 51% and 95% over *Hmox1*^{+/-} values, respectively, while kidneys had increases of 69% and 74% (Fig. 4*a*). Furthermore, *Hmox1*^{-/-} mice contracted a progressive chronic inflammatory disease, demonstrated by enlarged spleens (due to both extramedullary hematopoiesis and follicular hyperplasia) and lymph nodes, high peripheral white blood cell counts, high splenic and lymph node CD4⁺:CD8⁺ T-cell ratios (Fig. 4*b*) with numerous activated CD4⁺ T cells (data not shown), and consistently observed hepatic inflammatory cell infiltrates, composed of lymphocytes, plasma cells, neutrophils, and macrophages (Fig. 5*a* and *b*). Fibrosis was evident within infiltrates (Fig. 5*c*), and regenerative nodules indicative of hepatic injury were occasionally noted (see Fig. 3*d*). While many of the infiltrates were periportal (as in Fig. 5*c*), others had a predilection for the portal venous tissue itself, which often contained iron deposits. Notably, we observed many instances where monocytes had adhered to vessel walls, a hallmark of

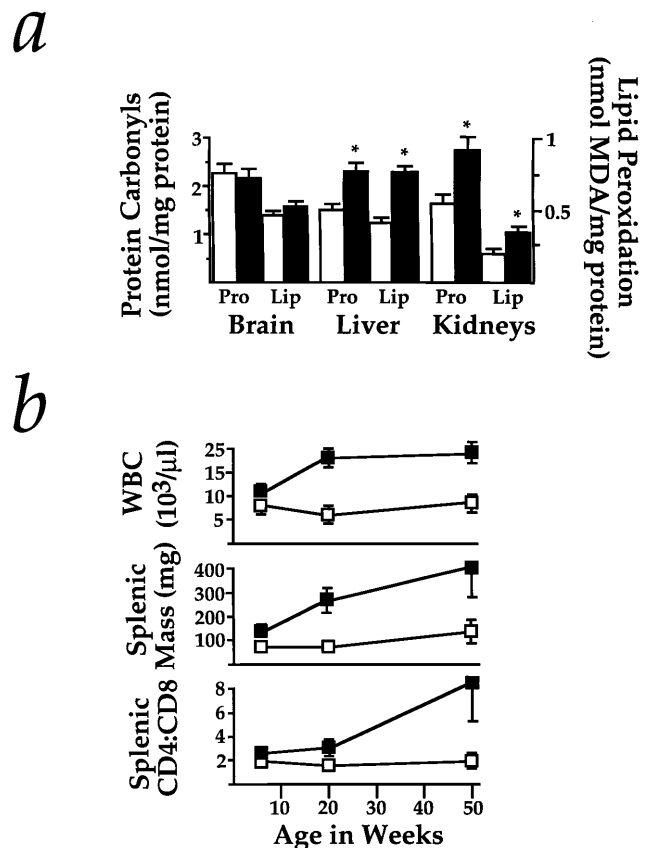


FIG. 4. Markers of stress and inflammation in *Hmox1*^{-/-} mice. (a) Protein carbonyls were measured by the method utilizing 2,4-dinitrophenylhydrazine in supernatant harvested from *Hmox1*^{+/+} and *Hmox1*^{-/-} brain, liver, or kidneys. Estimates of lipid peroxidation were obtained by malondialdehyde (MDA) measurements of tissue homogenates. Data represent mean \pm SEM from duplicate or triplicate determinations from each of 4 mice of each genotype for brain samples, and each of 6–8 mice of each genotype for liver and kidney samples. Open bars represent *Hmox1*^{+/+} values, while closed bars represent *Hmox1*^{-/-} values. *, *Hmox1*^{-/-} liver and kidneys, which consistently showed iron loading, had significantly greater oxidative damage than those from *Hmox1*^{+/+} animals ($P < 0.05$). Note that *Hmox1*^{-/-} brains, which had no iron deposition, showed no evidence of enhanced oxidative damage. (b) Average white blood cell counts (WBC), splenic mass, and splenic CD4⁺:CD8⁺ T-cell ratios analyzed from 7–11 mice of each age group for WBC, and 4–7 mice of each age group for splenic mass and T-cell ratios, at 6, approximately 20, and approximately 50 weeks of age. Significant differences ($P < 0.05$) were observed for each parameter at each age examined. \square , *Hmox1*^{+/+} values; \blacksquare , *Hmox1*^{-/-} values.

vascular injury (Fig. 5*d* and *e*). Occasionally observed were vascular and perivascular infiltrates in *Hmox1*^{-/-} lungs (data not shown), and glomerulonephritis, which may have been caused either by iron toxicity or by deposition of immune complexes (Fig. 5*f* and *g*).

The appearance of pathological iron-loading in *Hmox1*^{-/-} tissues temporally correlated with the diminishing of serum iron levels. The simplest explanation for these results is that *Hmox1*^{-/-} mice have a defect in iron reutilization, that is, delivery from tissue stores to blood. Importantly, the pathology we described is related to nonheme rather than heme iron accrual. Therefore, our interpretation is that *Hmox1* activity predominantly contributes to extracellular release of iron, while an alternative heme-metabolizing pathway(s) mainly leads to its intracellular storage.

DISCUSSION

Role of *Hmox1* in Iron Reutilization. The bulk of total body iron is contained within cellular heme moieties. The two

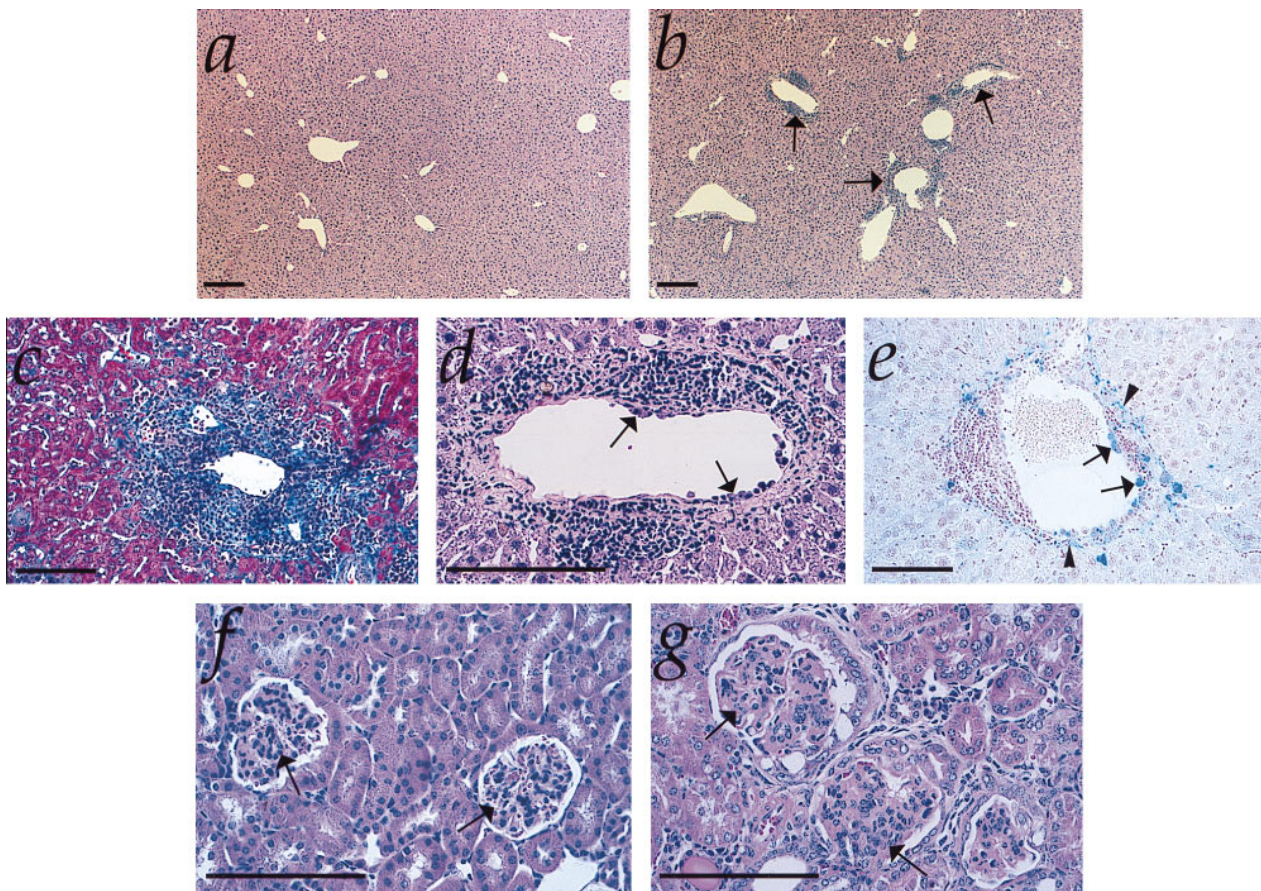


FIG. 5. Hepatic and renal pathology of *Hmox1*^{-/-} animals. (a) Liver section from 50-week-old *Hmox1*^{+/-} mouse, stained with hematoxylin and eosin and shown at low magnification. (b) Liver section from 50-week-old *Hmox1*^{-/-} mouse, with typical pattern of lesions. Vascular lesions are indicated by arrows. (c) High-magnification view of typical periportal fibrosis and inflammation from a 50-week-old *Hmox1*^{-/-} mouse. This section was stained with Masson's trichrome reagent, which reacts with collagen, an indicator of fibrosis, as bright blue. (d) High-magnification view of hepatic vascular lesion shown in b stained with hematoxylin and eosin. Note the proliferation of smooth muscle, the infiltration of neutrophils and lymphocytes into the vessel wall, and the monocytes adhered to the inner vessel wall (arrows). (e) High-magnification view of hepatic vascular lesion from a 50-week-old *Hmox1*^{-/-} mouse. This section was stained for ferric iron (blue). Note the iron-laden monocytes adhering to the vessel wall (arrows), as well as the iron-laden vascular and connective tissue (arrowheads). (f) High-magnification view of kidney section of 75-week-old *Hmox1*^{+/-} mouse, stained with hematoxylin and eosin, displaying normal glomerular morphology (arrows). (g) Kidney section of 75-week-old *Hmox1*^{-/-} mouse displaying severely damaged glomeruli with membranous proliferation, lobularity, crescent formation, and sclerosis (arrows). (All magnification bars = 100 μ m.)

symptoms associated with a *Hmox1* deficiency, hypoferremia and iron-loading, illustrate the requirement of *Hmox1*-mediated heme catabolism as a part of physiological iron homeostasis. Our study also defines at least two distinct cellular mechanisms for the employment of catabolized heme iron. One is the *Hmox1*-dependent pathway, where free iron liberated from heme is released relatively efficiently to the extracellular space. It is unknown how *Hmox1* accomplishes this, but we speculate that *Hmox1*-dependent cellular iron discharge may depend on the microsomal location of *Hmox*, which could allow interaction of the free iron product with recycling endosomal transferrin and transferrin receptors or with yet-unidentified iron transporters. The second pathway of heme catabolism, independent of *Hmox1*, seems to generate free iron that is predominantly shuttled to intracellular stores such as ferritin. In fact, that heme might be catabolized by an alternative mechanism was implied in a previous study, which indicated that less than 50% of endogenous hepatic heme degradation in rats was accounted for by measurement of the exhaled *Hmox* product, carbon monoxide (20). Possible minor mediators of heme degradation include microsomal NADPH-dependent cytochrome P450 reductase, a cytosolic xanthine oxidase, and a mitochondrial heme-degrading activity not fully characterized (21).

The *Hmox* isoform *Hmox2* is an obvious candidate for carrying out an *Hmox1*-independent heme catabolic pathway. *Hmox2* is chiefly distinguished from *Hmox1* by its regulation, as it is not induced by heme or by oxidative stress, but is constitutively expressed at relatively high levels in most major organs. However, our previous work indicated that mice lacking functional *Hmox2* show no disturbances in iron metabolism (ref. 14; K.D.P., unpublished data). Therefore, it is unclear whether *Hmox2* is linked to either of the two catabolic mechanisms mentioned above.

Conspicuous *Hmox1*^{-/-} iron-loading is observed only in renal cortical tubules, Kupffer cells, hepatocytes, and hepatic vascular tissue. Interestingly, preliminary work has indicated that irradiated *Hmox1*^{+/-} mice reconstituted with *Hmox1*-deficient bone marrow do not show anemia or hepatic and renal iron deposition at 20 weeks after transplantation (K.D.P. and S. Marusic-Galesic, unpublished data). These results suggest that, although hemolysis usually occurs in phagocytic cells (22), the parenchymal cells of the liver and kidney, which are known to incorporate the vast majority of plasma heme (20, 23), are important mediators of *Hmox1*-dependent heme iron reutilization.

Mouse Model of Iron Retention. The *Hmox1*^{-/-} mouse described here represents an animal model of human iron overload disorders. Parenchymal iron-loading displayed by

Hmox1^{-/-} animals constitutes the most obvious similarity with hereditary hemochromatosis, which is caused by a mutation in a nonclassical major histocompatibility complex class I-type gene (24). Several other symptoms of *Hmox1*^{-/-} mice are similar to those shown by hemochromatosis patients. These include the progression of symptoms, splenomegaly, high CD4⁺:CD8⁺ T-cell ratios, increased lipid peroxidation, fibrosis and hepatic injury, late-onset weight loss, decreased mobility, and premature mortality (3, 25). Furthermore, mature *Hmox1*^{-/-} males have a nearly 25% reduction in the size of testes as compared with similarly sized *Hmox1*^{+/-} littermates (K.D.P., unpublished data). Hypogonadism and lack of libido are common in males affected with hereditary hemochromatosis.

Interestingly, symptoms of *Hmox1*^{-/-} mice are also similar to those of patients with anemia of chronic inflammation, who also show hypoferrremia with increases in both serum ferritin and tissue iron stores (1, 26). *Hmox1* activity is normally strongly up-regulated by inflammatory cytokines (27–29), and the enzyme appears to be important in preserving serum iron levels and reducing inflammation in mice. Therefore, it is conceivable that an iron release pathway involving *Hmox1* is down-regulated in the course of chronic inflammatory illnesses. In this light, modulation of *Hmox1* activity might be a novel therapeutic approach to improve serum iron levels and perhaps even reduce the extent of inflammation in chronically ill patients. The *Hmox1*^{-/-} mouse appears to provide an especially useful model of this prevalent iron metabolic disorder.

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